

Town & Country Guidelines During COVID-19 **Revised December 2022**

The following guidelines have been created using the regulations from Community Care Licensing, our governing body, the Centers for Disease Control and Prevention (CDC) and LA County Public Health.

Town and Country Nursery School (T&C) is committed to the health and safety of our children as well as T&C staff as we navigate the COVID-19 public health crisis. The cooperation and continued efforts of parents and T&C staff will assist in maintaining the health and safety of our entire community. Whether it's completing the self-screening, personal health exam, submitting your vaccination records, or adhering to our mask and testing guidelines, your efforts are much needed and appreciated. Through your teamwork and partnership, we can continue to provide a quality, *in-person* learning experience for our T&C children.

As we move forward with the school year, we wanted to provide updates on several items. For the common good of our community, the following are our guidelines, effective December 2022.

Please remember that if you or your child are ill, please do not come to campus.

COVID-19 Mask Guidelines

- Staff and children are not required to wear masks while indoors or outdoors.

Personal Health of the T&C Community

- If a child or staff member lives or is in close contact with someone who has a confirmed coronavirus infection, and has no symptoms, and test negative they are not required to quarantine. They are required to...
 - Wear a highly protective mask around others for 10 days.
 - Get tested 3-5 days after you were last exposed. If positive, isolate.
 - Monitor your health for 10 days and if symptoms start, stay home and get tested.
- It is incumbent upon every member of our community to report to Town & Country Nursery School if they, or anyone in their family, has tested positive for COVID-19. This important communication is vital to reducing the risk and spread of the disease as well as being able to trace and test any individuals who had contact with the infected person.
- If a COVID-19 case is reported within the Town & Country community, the school will then contact every family within the class of this individual. If your child has been directly exposed to this individual in his or her class, they may return to school while still watching for symptoms and testing on days 3-5 after the date of exposure. If your child tests positive, he or she will be restricted from attending school for 5 days from the positive test result and must test negative and have no symptoms before returning to school. If you choose not to test your child, they will be restricted from attending school for 10 days.
- If your child shows symptoms of any illness, including COVID-19, while at T&C, we will take your child to a location isolated from others, care for them and call you to pick up your child as soon as possible.

- If your child tests positive for Covid-19 but is symptom free, he or she will need to isolate at home and wear a mask around others. You may end isolation after day 5 ONLY if you take a Covid test on or after Day 5 and it is negative AND have been fever free for 24 hours (without fever reducing medicines) AND have no symptoms. If you end isolation after day 5, your child can return to school, and we highly recommend wearing a mask through Day 10.
- The personal identity of the infected person will remain private because it is illegal to release private medical information. This practice is consistent with our Parent Handbook procedure for Communication Regarding Illness, which you signed before your child started attending Town & Country.

Hygiene Practices

- Teachers and Aides will be teaching, modeling, and reinforcing healthy hygiene habits with the children.
- All staff and children will practice frequent hand washing with soap and water for 20 seconds by teaching a popular child-friendly song or counting to 20.
- Thorough hand washing and using hand sanitizer will be incorporated into daily routines in a creative, fun, and child-friendly way.
- Every teacher will always have an emergency backpack with them that contains hand sanitizer for all children to use when needed throughout the day.

Frequently asked questions:

My child tested positive for COVID-19, what should I do?

Your child must isolate at home. You may end isolation after Day 5 ONLY if you take a Covid test after day 5 and it is negative, AND have been fever free for 24 hours (without fever reducing meds), AND have no symptoms

Contact your child's teacher and T & C office immediately with the following information:

- Date your child tested positive
- Last date your child was in school
- Any symptoms, and when symptoms began
- Any siblings at the same school

If my child was at T&C in close contact with another child that tested positive, does my child need to quarantine?

No, your child may return to school following the timeline below if remaining asymptomatic:

1. Get tested 3-5 days after you were last exposed. If test results are positive, isolate.
2. Monitor your health for 10 days. If symptoms start, stay home, and get tested.