

## **Town & Country Guidelines During COVID-19** **Revised March 2022**

The following guidelines have been created using the regulations from Community Care Licensing, our governing body, the Centers for Disease Control and Prevention (CDC) and LA County Public Health.

Town and Country Nursery School (T&C) is committed to the health and safety of our children as well as T&C staff as we navigate the COVID-19 public health crisis. The cooperation and continued efforts of parents and T&C staff will assist in maintaining the health and safety of our entire community. Whether it's completing the self-screening, personal health exam, submitting your vaccination records, or adhering to our mask and testing guidelines, your efforts are much needed and appreciated. Through your teamwork and partnership, we can continue to provide a quality, *in-person* learning experience for our T&C children.

As we move forward with the school year, we wanted to provide updates on several items. For the common good of our community, the following are our guidelines, effective Fall 2022.

**Please remember that if you or your child are ill, please do not come to campus.**

### **COVID-19 Mask Guidelines**

- Staff and children are not required to wear masks while outdoors.
- Staff and children are required to wear masks while indoors.

### **Personal Health of the T&C Community**

- If a child or staff member lives or is in close contact with someone who has a confirmed coronavirus infection, they should be in quarantine and should not be attending school.
- It is incumbent upon every member of our community to report to Town & Country Nursery School if they, or anyone in their family, has tested positive for COVID-19. This important communication is vital to reducing the risk and spread of the disease as well as being able to trace, test and quarantine any individuals who had contact with the infected person.
- If a COVID-19 case is reported within the Town & Country community, the school will then contact every family within the class of this individual. If your child has been directly exposed to this individual in his or her class, we recommend that your child and your family get tested 5 days after the date of exposure. If no symptoms occur and the test results are negative, the child may return to school after 7 days. If your child tests positive, or chooses not to test he or she will be restricted from attending school for 10 days from the positive test result and must take appropriate precautions to limit the spread.
- If your child shows symptoms of any illness, including COVID-19, while at T&C, we will take your child to a location isolated from others, care for them and call you to pick up your child as soon as possible.
- If your child tests positive for Covid-19 but is symptom free, he or she will need to self-quarantine for at least 10 days from the date of his or her positive test and must provide negative test results to return to school.

- The personal identity of the infected person will remain private because it is illegal to release private medical information. This practice is consistent with our Parent Handbook procedure for Communication Regarding Illness, which you signed before your child started attending Town & Country.

### **Hygiene Practices**

- Scientific research indicates that sunlight, heat, humidity, and fresh air are helpful in reducing the spread of COVID-19. For this reason, and because this extra space will also allow greater social distancing, children coming to school will predominantly be using Town & Country's multiple outdoor play areas each day.
- Teachers and Aides will be teaching, modeling, and reinforcing healthy hygiene habits with the children.
- All staff and children will practice frequent hand washing with soap and water for 20 seconds by teaching a popular child-friendly song or counting to 20.
- Thorough hand washing and using hand sanitizer will be incorporated into daily routines in a creative, fun, and child-friendly way.
- Every teacher will always have an emergency backpack with them that contains hand sanitizer for all children to use when needed throughout the day.
- Children should use their T&C blue bags or portable, light-weight backpacks to bring snacks, water bottles, masks, extra clothes, and sunscreen.
- The staff and all adults entering the school will be required to wear masks indoors during the time they are with children and other adults.
- Each child will bring a mask to school in his or her bag or backpack. Children will be encouraged, but not forced, to wear masks.

Frequently asked questions:

### **My child tested positive for COVID-19, what should I do?**

Your child must quarantine for 10 days and may return to school symptom free on Day 11.

Contact your child's teacher and T & C office immediately with the following information:

- Date your child tested positive
- Last date your child was in school
- Any symptoms, and when symptoms began
- Any siblings at the same school

**If my child was at T&C (unmasked and unvaccinated) in close contact with another child that tested positive, does my child need to quarantine?**

**Follow the timeline below if remaining asymptomatic**

- Day 0: The last date of contact with exposure or positive case.

- Day 1: First full day of quarantine.
- Day 5: Rapid antigen test through your medical provider.
- Day 7: If your child tests negative and remains asymptomatic they may return on day 7.

**My child is unvaccinated (MASKED and/or UNMASKED) and has come in close contact with another child that tested positive for COVID-19, but I don't want my child to take a rapid antigen test. How long should my child quarantine?**

Your child must quarantine for 10 days.

**Follow the timeline below**

- Day 0: The last date of contact with positive case.
- Day 1: First full day of quarantine.
- Day 11: Your child may return to school today if remaining symptom free.
- Day 14: Monitoring for symptoms ends today.

**My child tested positive for COVID-19 within the past three months and recovered. Does my child need to quarantine if exposed again?**

Your child does not need to quarantine or test for 90 days from when COVID-19 symptoms first appeared or from the first positive viral test. However, your exposed child must monitor for symptoms for 14 days from last contact with the infected person. You will need to provide T&C with documentation such as a doctor's note to show that your child has recovered from COVID-19 and meets this exemption.